

# MILEMARKERS

## 12-18 months old

*How is your child doing?*

Please check “Y” for YES (if your child can complete that activity independently) or “N” for NO (if your child still needs help with that activity).

If your child cannot do 2 or more of these activities in any category, then they may benefit from an evaluation.

<p><b>Physical Therapy Milestones</b></p>	<p>[Y] [N] Transitions from sitting to belly            [Y] [N] Able to get up on hands &amp; knees            [Y] [N] Stands momentarily            [Y] [N] Walks with hands being held            [Y] [N] Belly crawls (army crawl)            [Y] [N] Performs sit to stand with a stable object            [Y] [N] Kneels            [Y] [N] Walks without support            [Y] [N] Immature running (hurried walk)            [Y] [N] Stands independently            [Y] [N] Crawling on hands &amp; knees            [Y] [N] Cruises along furniture</p>
<p><b>Occupational Therapy Milestones</b></p>	<p>[Y] [N] Imitates actions   Example: claps, waves            [Y] [N] Holds own cup or bottle            [Y] [N] Reaches arms to be picked up            [Y] [N] Transfers objects hand to hand            [Y] [N] Protects self when falling to sides            [Y] [N] Picks up small objects with thumb &amp; index finger            [Y] [N] Places objects in containers            [Y] [N] Dumps objects from cups            [Y] [N] Attempts to stack objects            [Y] [N] Removes food from a spoon with lips            [Y] [N] Takes bites from crackers            [Y] [N] Makes marks on paper with a fistful grasp            [Y] [N] Tolerates messy hands</p>
<p><b>Speech Therapy Milestones</b></p>	<p>[Y] [N] Tries to imitate speech sounds            [Y] [N] Understands simple words such as shoe, ball, dog            [Y] [N] Says a few words such as mama, dada, uh-oh            [Y] [N] Searches for common objects named   Example: “Where is mama?”            [Y] [N] Turns head to soft sounds            [Y] [N] Appears to understand new words weekly            [Y] [N] Follows simple directions spoken   Example: “Get the ball”            [Y] [N] Points to people and body parts when asked            [Y] [N] Saying more words every month</p>

**If you have any questions, please call Milemarkers at 928-854-5439.**