

# MILEMARKERS

## 18-24 months old

*How is your child doing?*

Please check “Y” for YES (if your child can complete that activity independently) or “N” for NO (if your child still needs help with that activity).

If your child cannot do 2 or more of these activities in any category, then they may benefit from an evaluation.

<p><b>Physical Therapy Milestones</b></p>	<p>[Y] [N] Kneels            [Y] [N] Walks without support            [Y] [N] Immature running (hurried walk)            [Y] [N] Stands independently            [Y] [N] Crawling on hands &amp; knees            [Y] [N] Cruises along furniture            [Y] [N] Walks backward            [Y] [N] Picks up toys from the floor without falling            [Y] [N] Squats in play without losing balance            [Y] [N] Moves on ride-on toys without pedals            [Y] [N] Climbs on furniture            [Y] [N] Kicks ball forward            [Y] [N] Walks upstairs alone, both feet on the step</p>
<p><b>Occupational Therapy Milestones</b></p>	<p>[Y] [N] Places objects in containers            [Y] [N] Dumps objects from cups            [Y] [N] Attempts to stack objects            [Y] [N] Removes food from a spoon with lips            [Y] [N] Takes bites from crackers            [Y] [N] Makes marks on paper with a fistful grasp            [Y] [N] Tolerates messy hands            [Y] [N] Helps put arms/legs through clothing            [Y] [N] Pulls socks &amp; shoes off            [Y] [N] Stacks 2-3 cubes            [Y] [N] Scribbles spontaneously            [Y] [N] Plays with simple toys appropriately (does not put the toy in their mouth)</p>
<p><b>Speech Therapy Milestones</b></p>	<p>[Y] [N] Appears to understand new words weekly            [Y] [N] Follows simple directions spoken   Example: “Get the ball”            [Y] [N] Points to people and body parts when asked            [Y] [N] Saying more words every month            [Y] [N] Makes animal sounds            [Y] [N] Uses simple phrases   Example: “More milk”            [Y] [N] Asks questions   Example: “Go bye-bye?”            [Y] [N] Uses 20-50 words            [Y] [N] Listens to simple stories &amp; songs            [Y] [N] Enjoys pretend play            [Y] [N] Speaks well enough to be understood at least 50% of the time by Family/caregivers</p>

**If you have any questions, please call Milemarkers at 928-854-5439.**