MileMarkers

2-3 years old
How is your child doing?

Please check "Y" for YES (if your child can complete that activity independently) or "N" for NO (if your child still needs help with that activity).
If your child cannot do 2 or more of these activities in any category, then they may benefit from an evaluation.

Physical Therapy Milestones	[Y] [N] Walks backward [Y] [N] Picks up toys from the floor without falling [Y] [N] Squats in play without losing balance [Y] [N] Moves on ride-on toys without pedals [Y] [N] Climbs on furniture [Y] [N] Kicks ball forward [Y] [N] Walks upstairs alone, both feet on the step [Y] [N] Initiates jumping [Y] [N] Catches a large ball using their body to help [Y] [N] Imitates 1 foot standing [Y] [N] Climbs on playground equipment & ladders [Y] [N] Catches an 8" ball with hands only [Y] [N] Pedals tricycle [Y] [N] Walks downstairs alone, both feet on the step
Occupational Therapy Milestones	[Y] [N] Helps put arms/legs through clothing [Y] [N] Pulls socks & shoes off [Y] [N] Stacks 2-3 cubes [Y] [N] Scribbles spontaneously [Y] [N] Plays with simple toys appropriately (does not put the toy in their mouth) [Y] [N] Scoops food with a spoon & brings it to mouth with minimal spillage [Y] [N] Turns single pages in a book [Y] [N] Removes loose clothing [Y] [N] Brushes teeth with assistance [Y] [N] Uses fingers (not palm) to hold a small cube [Y] [N] Can tolerate a variety of clothing
Speech Therapy Milestones	[Y] [N] Makes animal sounds [Y] [N] Uses simple phrases | Example: "More milk" [Y] [N] Asks questions | Example: "Go bye-bye?" [Y] [N] Uses 20-50 words [Y] [N] Listens to simple stories & songs [Y] [N] Enjoys pretend play [Y] [N] Speaks well enough to be understood at least 50% of the time by Family/caregivers [Y] [N] Knows some spatial concepts | Example: "in, on" [Y] [N] Knows some pronouns | Example: "You, me, his" [Y] [N] Uses 3-word sentences [Y] [N] Speech is more accurate but may leave off ending sounds [Y] [N] Answers simple questions [Y] [N] Begins to use pronouns | Example: "You, I"

If you have any questions, please call Milemarkers at 928-854-5439.